

INTERACTIVE ACTIVITY

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Learning Outcomes

- 1. Identify **opportunities** in the built environment **on your campus** where **biophilic design elements** could **positively impact** the wellbeing of your campus's users.
- 2. Work with your campus plan to incorporate small and large-scale biophilic design components into future buildings.
- 3. Discuss the impact biophilic design has on building occupants and review heat mapping data from the Biology Building to determine what types of spaces people are most drawn.
- 4. List the **14 elements of biophilic design**, including the patterns, colors, and textures from the natural environment that humans repeat and celebrate in the built environment.

- on Introductions
- 02 Campus Vision
- O3 Science Exhibit Design
- o4 Professor & Student Perspective
- Biophilic Design & Sustainability
- of Interactive Activity & Panel Discussion

Q&A

OF INTRODUCTIONS

INTEGRATED TEAMS



JEN CORDES Hord Coplan Macht



ARA MASSEY
US Green Building Council
(USGBC)



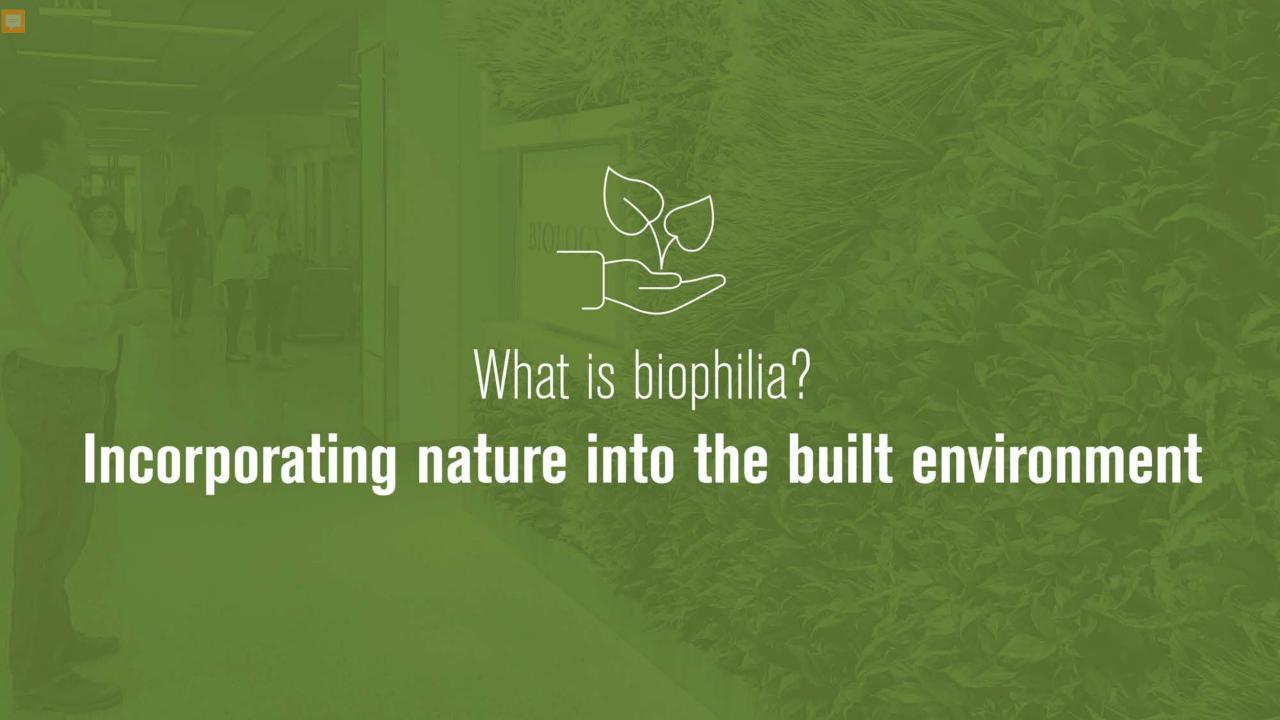
TRACEY ABEL
Colorado State University



SETH FRANKEL Studio Tectonic



DR. RACHEL MUELLERColorado State University

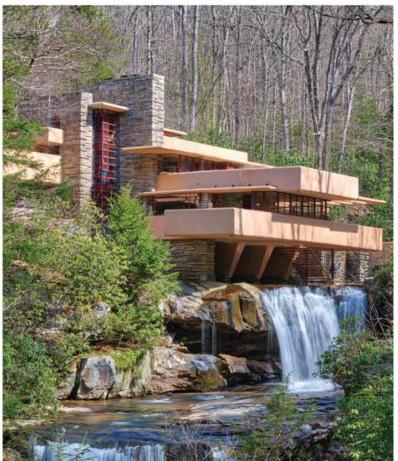










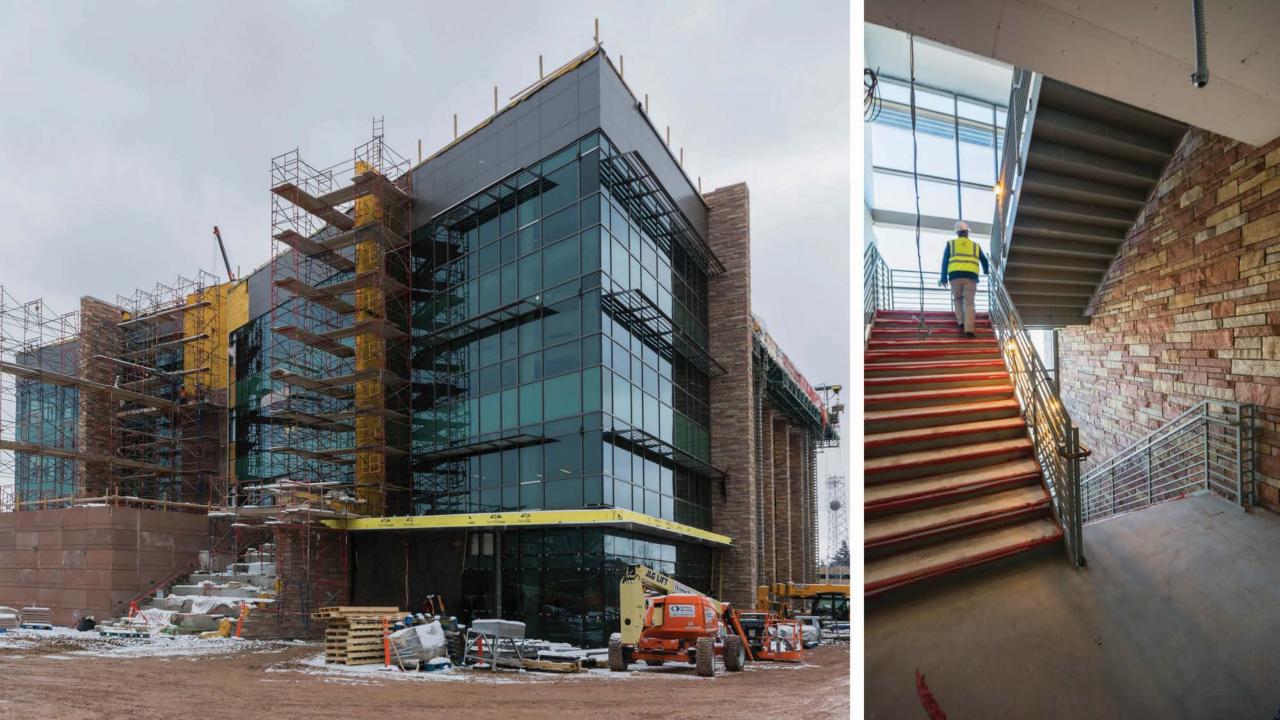




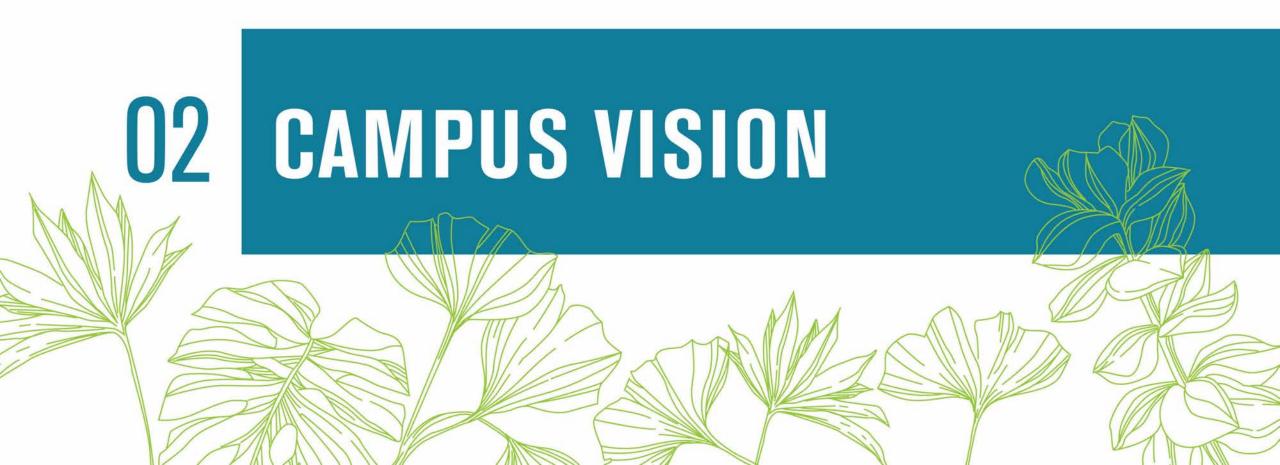




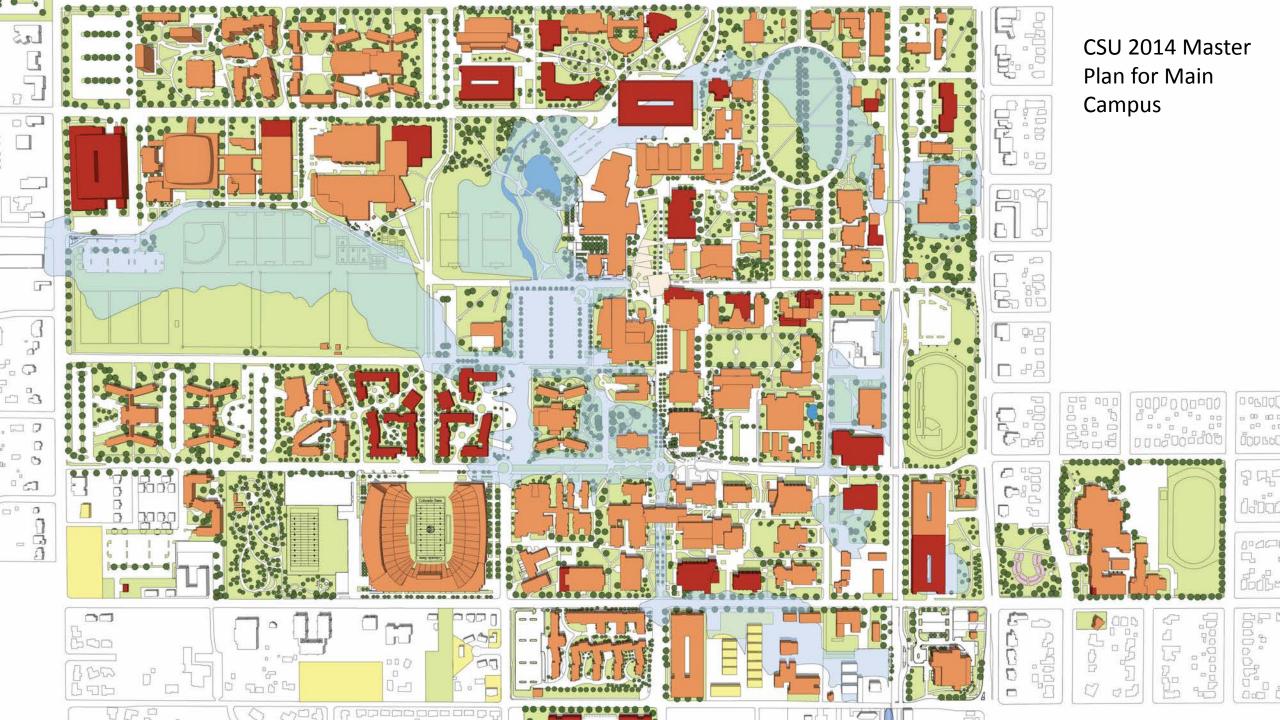


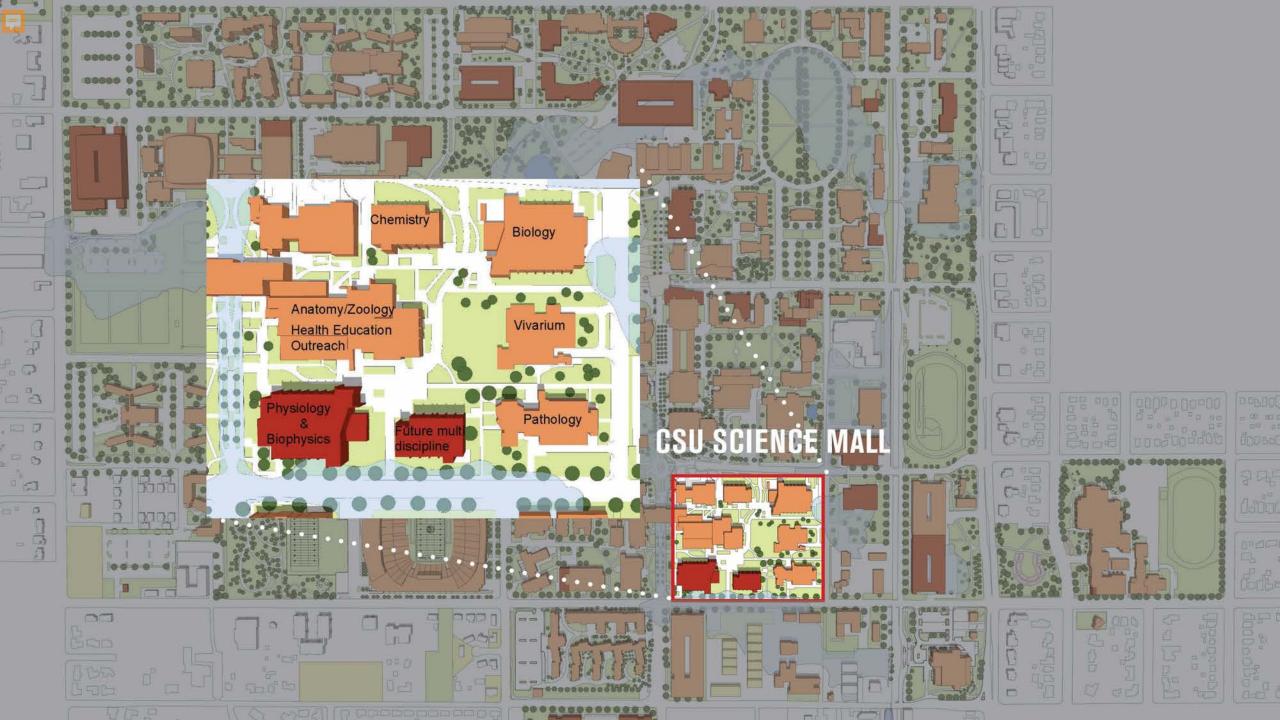






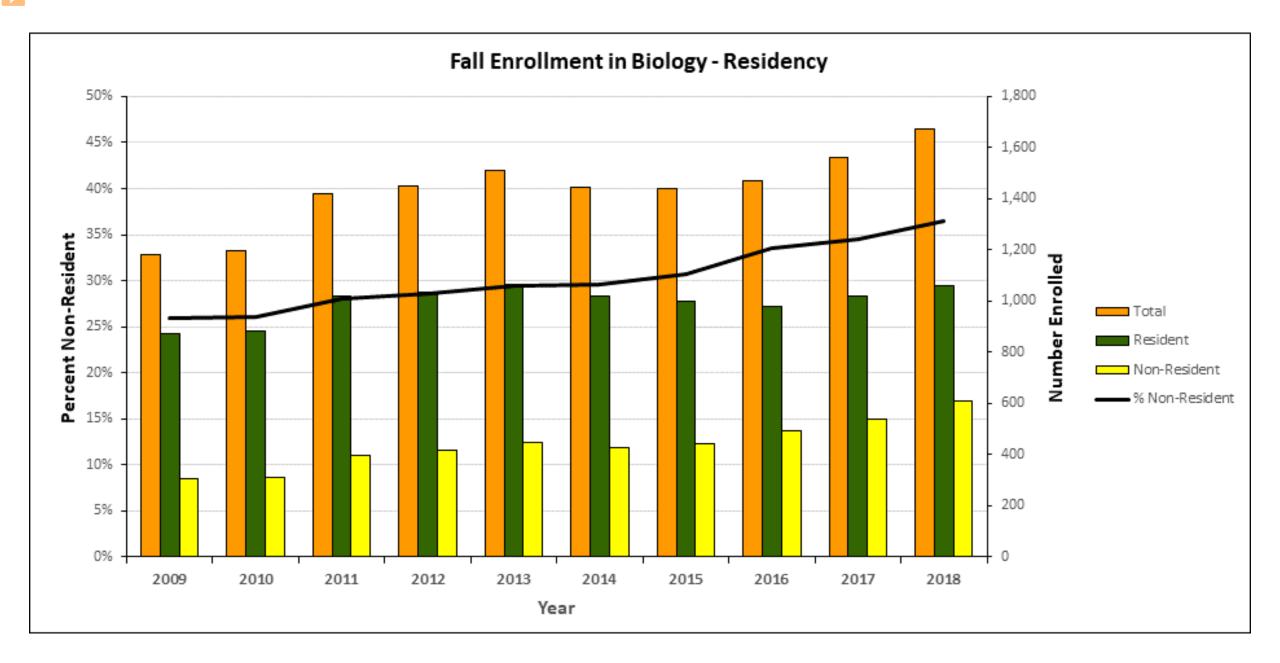
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OFFESSOR & STUDENT PERSPECTIVE





SENSE OF WONDER



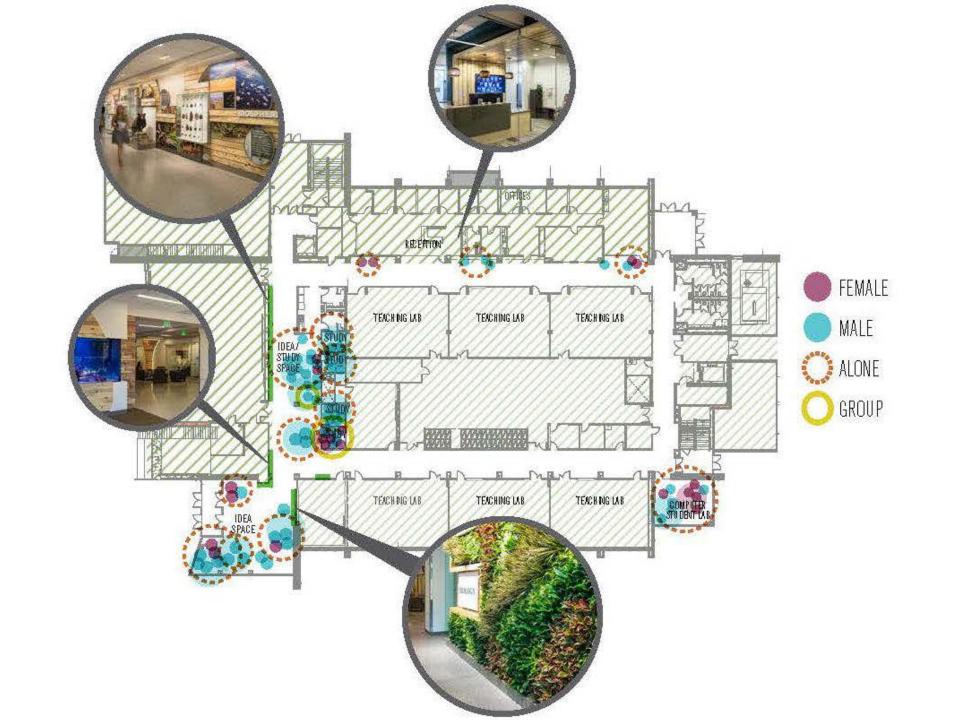




SENSE OF BELONGING IN SCIENTIFIC COMMUNITY









BIOPHILIC DESIGN & SUSTAINABILITY

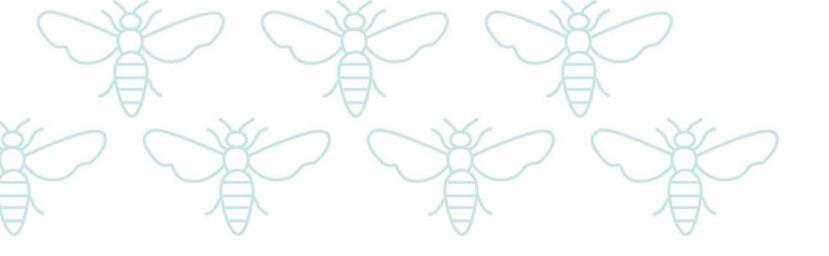


		14 PATTERNS		STRESS REDUCTION	COGNITIVE PERFORMANCE	EMOTION, MOOD & PREFERENCE
NATURE IN THE SPACE	0	VISUAL CONNECTION WITH NATURE	*	Lowered blood pressure and heart rate	Improved mental engagement/attentiveness	Positively impacted attitude and overall happiness
	2	NON-VISUAL Connection with nature	:	Reduced systolic blood pressure and stress hormones	Positively impacted on cognitive performance	Perceived improvements in mental health and tranquility
	3	NON-RHYTHMIC SENSORY STIMULI	:	Positively impacted on heart rate, systolic blood pressure and sympathetic nervous system activity	Observed and quantified behavioral measures of attention and exploration	
	4	THERMAL & AIRFLOW VARIABILITY	*	Positively impacted comfort, well-being and productivity	Positively impacted concentration	Improved perception of temporal and spatial pleasure (alliesthesia)
	5	PRESENCE OF WATER	*	Reduced stress, increased feelings of tranquility, lower heart rate and blood pressure	Improved concentration and memory restoration Enhanced perception and psychological responsiveness	Observed preferences and positive emotional responses
	6	DYNAMIC & DIFFUSE LIGHT	*	Positively impacted circadian system functioning Increased visual comfort		
	7	CONNECTION WITH NATURAL SYSTEMS				Enhanced positive health responses; Shifted perception of environment
NATURAL ANALOGUES	8	BIOMORPHIC FORMS & PATTERNS	*			Observed view preference
	9	MATERIAL CONNECTION WITH NATURE			Decreased diastolic blood pressure Improved creative performance	Improved comfort
	10	COMPLEXITY & ORDER	*	Positively impacted perceptual and physiological stress responses		Observed view preference
NATURE OF THE SPACE	0	PROSPECT	*	Reduced stress	Reduced boredom, irritation, fatigue	Improved comfort and perceived safety
	12	REFUGE	*		Improved concentration, attention and perception of safety	
	13	MYSTERY	*			Introduced strong pleasure responses
	14	RISK/PERIL				Resulted in strong dopamine or pleasure responses









06

INTERACTIVE ACTIVITY & PANEL DISCUSSION



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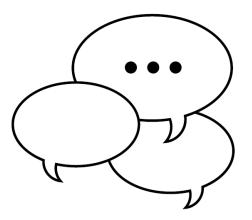












Are you doing this on your campus?

Panel discussion

THANK YOU

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INTEGRATED TEAMS



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Visit hcm2.com on April 1st to read our whitepaper on this topic!